

Instruction Manual

Toilet Aid with Armrest – Adjustable Height



THRAL02SSIL

SectorCare

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Product Installation



01 Armrest

02 Toilet Seat

03 Adjustable Knob

Parts List:



Armrest Grip*2



Commode Seat*1

1. Take out all products and accessories after opening the package.



2. Align the armrests with the grooves on both sides of the commode seat, then press down to secure.



Position the unit onto your toilet bowl, inserting the rear mounting bolts through the existing holes on your toilet.

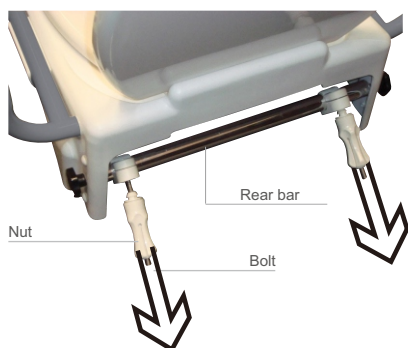
Ensure the unit is centred over the toilet bowl.



The position of the mounting bolts can be adjusted to match different toilets. To adjust, slide the mounting bolts along the rear bar to achieve the correct distance.

Mounting nuts must be loose for mounting bolts to slide freely along the bar.

Reattach both long plastic nuts to the mounting bolts and tighten firmly.



Check the toilet seat raiser is firmly clamped against the toilet bowl before use.



Adjusting Seat Height

The toilet seat raiser can be adjusted to 3 different height settings, adding 50, 100 or 150 mm to the height of the toilet bowl. Height can be adjusted either before or after installation.

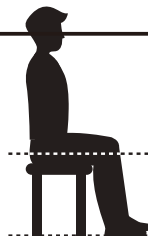


When adjusting after the toilet seat raiser is installed, be careful not to drop components into the toilet.



Ideal seat height

Ideal height is when the user's feet can completely touch the floor, and the hip height is higher than knee height (ie less than 90 degrees on the knee joint or hip joint)



Seat height is adjusted by setting both front and rear bars to 1 of 3 positions, as dictated by a set of 3 height adjustment holes.

For 50 mm height, set bars to top hole.

For 100 mm height, set bars to middle hole.

For 150 mm height, set bars to bottom hole.



To reposition the bars, remove the bolt protector caps from each side of the toilet seat raiser (front and rear).



Flip up the toilet seat for easy access to the bars.

Using the inbuilt adjustment knob, undo the front bolt and remove. Repeat on the opposite side, holding the bar to prevent it falling.



Reposition the bar to the desired height. Holding the bar in place, reinsert the adjustment knob on both sides and tighten until firm.

The rear bar is adjusted in the same way, using the inbuilt adjustment knob to remove side bolts. This adjustment can be used to adjust the rear height setting to facilitate a forward angled tilt for users requiring extra assistance when standing (rear bar lower than front bar).

When adjustment is complete, replace all bolt protector caps.

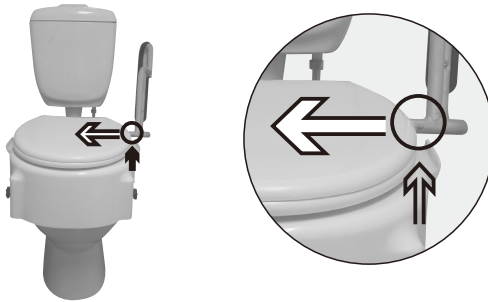


Do not position the front bar higher than the rear bar, as this will create a rearward tilt that may cause injury to the user.

Inserting Armrests

The toilet seat raiser can be used with or without armrests. One or both armrests can be used to suit individual users and/or bathroom set up. A brass locking button is used to secure each armrest.

To insert the armrests, press in the locking button located under the frame of the armrest and slide the armrest into the arm hole at the side of the toilet seat. Check the armrest is stable and secure before use.



Armrests may be swung up and out of the way for increased access. Pull gently upwards to unclip the armrest, and swing upwards until vertical.

Armrests may also be removed completely for ease of transfer or cleaning. Swing armrests up and flip up the toilet seat to access the armrest locking button. Press the locking button in and pull the armrests out. Store safely when not in use.

Using the Toilet Seat Raiser

The toilet seat raiser operates just like a standard toilet seat. The seat may be flipped up so the bowl can be accessed without the seat.



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